



Smooth Transaction & the First Day at SMS

The first day of child care is a milestone in a child's life. For some, it is the first time that they leave familiar home and people. It is exciting yet at the same time the uncertainty at the starting stage could lead to separation anxiety for both children and parents. This feeling is completely normal and it takes time for the children to adjust to their new routine, get familiar with the new environment, and build new relationship with people. Some children transition with ease; while others may take more effort to pass the initially suffer from separation anxiety.

We hope the following tips will help your child make a smooth transition, so that your child quickly adapts to the new environment and understands that the new school is a fun and happy place.

Days before starting at SMS

Establish positive attitudes towards the new school. Talk to your child about how fun it is to make new friends; how exciting to play with new toys; how cool it is to enjoy the activities that the school could offer.

Read to them about their favorite characters going to school.

Get to know the place before the first day of school. Schedule a visit so that it won't be a total unknown place at the first day of school. It is important to remember that some children take longer than others to settle.

Shop together with your child for the school bag; let your child choose the bag.

For children over two, encourage the child to prepare school bag the day before.

On the first day at SMS

Morning Routines

Establish a positive and happy morning routine for preschool days. Give yourself plenty of time to get ready. When the child is rushed, they can feel extra anxiety.

Please arrive before 8:30AM so that your child receives the greatest benefit from the Montessori program. Sign in at the front desk. The staff will show you where your child's locker is, and bulletin board for program and information.

Saying Goodbye

Make it short and sweet when you say goodbye. Do not linger too long. Give your child a hug and a kiss at the door. Reassure them that you will be back in the afternoon.

Pick Up Routine

Please be on time when you pick up your child. That pick up later than you promised can cause your child to feel more anxiety, which makes it much harder to drop off next time. It is wise to pick up your child a little earlier on the first day of school to help them ease into their new routine.

Positive Daily Reflections

On the way home, talk to your child about their day focusing on the positive aspects of their day. Your child will learn that their new environment is a place full of fun and happiness, and their feelings of anxiety will subside with time.