

We serve seasonal farm fresh vegetables and fruits everyday.

April
2026

Apples, grapes, cantaloupe, melons, banana, berries , pears

Broccoli, cucumber, string beans, sweet corn, potatoes, cauliflower, peas, all kinds of beans, chickpeas, cabbage .

Note: Any allergies to the below menu please feel free to bring in your own food.

***** VEGETARIAN OPTION AVAILABLE.

Week	Mon	Tue	Wed	Thurs	Fri
1-3	Sandwich Chicken Bite	Pancake Grilled chicken	Easter Special Party	Spaghetti Teriyaki chicken	Rice Scrambled Egg
6-10	Chicken salad Crispy chicken	Tofu Special	Pizza	Sub veggie sandwich Teriyaki chicken	Valentine special
13-17	Cook with me 	Chicken Roll	Pizza	Chicken salad Bread	BBQ chicken Spaghetti
20-23	Bean Burrito Grilled chicken	Cooks Choice	Pizza	Crispy chicken French toast	Creamy salad Bun
27-30	Stir Fried Rice Boiled Egg	Noodles Buffalo Chicken	Pizza		



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Week	Mon	Tue	Wed	Thurs	Fri
4-8	Naan bread Mango yogurt + Added protein	Pasta Grilled chicken	Pizza	Noodles Tofu 	Cheese sandwich Scrambled Egg
11-15	Fried Rice Orange Chicken	Tofu with vegetables Noodles	Pizza	Sub veggie sandwich Teriyaki chicken	Cooks Choice
18-22	Chicken Salad Yogurt	Waffles Chicken strips	Pizza	Happy Meal chicken burger, french fries	BBQ chicken Spaghetti Kitchen helpers
25-29	Patties (Veg/ Chicken)	Egg / Veg Fried Rice	Pizza	Crispy chicken French toast	Tortilla Egg Bites

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Week	Mon	Tue	Wed	Thurs	Fri
1-5	Butter Rice Chicken salad	Fettuccine Alfredo Grilled chicken	Pizza	Waffles Teriyaki chicken	Toast Scrambled Egg
8-12	Burrito Bowl With extra protein	Tofu and spring rolls	Pizza	Sub veggie sandwich Teriyaki chicken	Cooks special
15-19	Hummus Veggie patties	Noodles Tofu	Pizza	Chicken salad Bread	BBQ chicken Spaghetti 
22-26	Oat meal with Added protein	Happy Meal Potato Bites Mini sandwich Crispy Chicken	Pizza	Crispy chicken French toast 	Baked Chicken Mashed Potatoes
29-30	Protein packed salad	Chicken Burrito Crispy Chicken			

